

Welcome to Dunstable Swimming Club.

Here's a short guide to help you navigate The Dunstable Centre when you first join.



Please follow the signs on arrival to the centre that will direct you to parking which is at the rear of the centre and to the right hand side. There is also disabled parking at the front of the centre if required.

Please be sure to check the parking restrictions do not affect your stay.

Entry for swimmers is at the front of the centre, there are zebra crossings to safely cross from the car park area to the centre and you enter through the automatic doors.



Once you have entered the centre, you will see a waiting area with glass windows to view the pool.

The reception will be to your right and there is gated entry that the receptionists will let you through.

When through the gates, the changing rooms are immediately on your left, there are individual cubicles, showers and lockers to store belongings that you do not want to take poolside.

*Please remember you have signed a code of conduct of how to act respectfully in the changing rooms and on poolside.



The pool is accessible via the Changing Rooms.

The coaches will be poolside and wearing blue DSC tops.

Please approach them on arrival, explain that it is your first session and ask them what lane your squad is training in.

They are there to support you and help you every step of the way...

Spectators can also view the swimming from the upstairs balcony. The staircase is just past the reception area.

There will always be staff from the centre and DSC committee members on hand to help you, if you get confused, lost or have any questions please ask.

