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**Dunstable Swimming Club**

**Club Championships 2022**

## Gala 1: Saturday 14 May 2022

## Gala 2: Saturday 11 June 2022

## The Dunstable Centre, Court Drive, Dunstable, LU5 4JD

## Warm up 5.30 pm - Start 6.00pm

# CONDITIONS OF ENTRY

## Closing date for all entries: Friday 22 April 2022

**The Gala will be swum under Swim England Laws and Technical Rules and to the Swim England Open Meet Licensing Criteria**

1. All entrants must be fully paid up members of Dunstable Swimming Club and be Category 1 or 2 members of Swim England.
2. Entries must be submitted on forms available sent to members via email. If a time has been achieved previously it **MUST** be entered; failure to do so may cause rejection of entry. ***Please write name, event number, stroke, distance and time (if any achieved) clearly to avoid confusion.***
3. The promoter is Sarah Cooper (email [internalgalas@dunstableswimmingclub.co.uk](mailto:internalgalas@dunstableswimmingclub.co.uk)) on behalf of Dunstable Swimming Club.
4. Medals will be awarded to 1st, 2nd and 3rd placed swimmers in each age group for each event, plaques will be awarded to 4th, 5th and 6th placed swimmers in each age group for each event.
5. Swimmers will compete for Club Championship trophies in their own age group Academy (an Academy swimmer can be any age, but must train in the Academy Squad), 9/under, 10/11yrs, 12/13yrs, 14/15yrs, and 16/over. Age as at 31st December 2022. Points will be given to places 1-6 and tallied up after both galas.
6. There will be 200m, 100m, 50m, and 25m events. Please refer to the entry form for details of which events are available for your particular age group.
   1. 25m events are only open to swimmers in the Academy.
   2. Academy swimmers may only enter 25m events regardless of age.
   3. 50m events are only open to swimmers in the 9 & under and 10/11 years age groups
   4. 100m events are only open to swimmers 12 years and over.
   5. 200m Freestyle is open to all age groups with the exception of Academy swimmers.
   6. 4 x 25m IM are open to swimmers in the 9 & under and 10/11 years age groups (with the exception of Academy swimmers).
   7. 4 x 50m IM are open to swimmers 12 years and over (with the exception of Academy swimmers).
7. Entry fee - £5.00 per event - payable at time of entry. Entry can by paid online direct to the Club bank account.
8. Ages are as at **31 December 2022**
9. All events are Timed Finals and will be seeded according to the time submitted.
10. On the evening of the meet, swimmers should arrive at the pool ***by 5.00pm and sign the register*** to confirm their attendance ***before entering the changing rooms. Swimmers wishing to withdraw from an entered event should notify the Stewards before warm up.*** They should remain with the Stewards and other swimmers throughout the gala and should be available to swim at least two events before their own.
11. In the event of the gala becoming oversubscribed, entries will be accepted on a first come first served basis.
12. Over the top starts may be used at the referees discretion.
13. The pool is 25m and anti-wave devices will be in place.
14. Results will be posted on the club website and will be supplied to British Swimming for entry into the national ranking database.
15. Presentations will be made at the annual DSC Presentation Evening in November 2022.
16. Trophies will be held for one year and must be returned to the Internal Gala Secretary 14 days before the first gala. Trophy winners are asked to keep the trophy clean and polished.
17. In accordance with Swim England Child Safeguarding Policies and Procedures, any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images.  Should you have any concerns about photography or filming please bring them to the attention of the promoter.
18. All participants must observe the safety precautions in operation at The Dunstable Centre. Neither the Promoter nor Dunstable Swimming Club will be responsible for any loss or damage occurring during this meet.
19. Entries to the meet will be held on a computer and consent, as required by the Data Protection Act 2018 to the holding of personal information on computer, will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoter.
20. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws, Regulations and Technical Rules of Racing.

**PROGRAMME OF EVENTS**

Gala 1 – 14 May 2022

|  |  |  |
| --- | --- | --- |
| **Event**  **No.** | **Event** | **Eligible Age Groups** |
| 1/2 | 4 x 50m Individual Medley | 12/13, 14/15, 16+ |
| 3/4 | 4 x 25m Individual Medley | 9/un, 10/11 |
| 5/6 | 100m Breaststroke | 12/13, 14/15, 16 + |
| 7/8 | 50m Breaststroke | 9/un, 10/11 |
| 9/10 | 25m Breaststroke | Academy |
| 11/12 | 200m Freestyle | 9/un, 10/11, 12/13, 14/15, 16+ |
| 13/14 | 25m Backstroke | Academy |

Gala 2 – 11 June 2022

|  |  |  |
| --- | --- | --- |
| **Event**  **No.** | **Event** | **Eligible Age Groups** |
| 15/16 | 25m Butterfly | Academy |
| 17/18 | 50m Butterfly | 9, 10/11 |
| 19/20 | 100m Butterfly | 12/13, 14/15, 16+ |
| 21/22 | 25m Freestyle | Academy |
| 23/24 | 50m Freestyle | 9/un, 10/11 |
| 25/26 | 100m Freestyle | 12/13, 14/15, 16 + |
| 27/28 | 50m Backstroke | 9/un, 10/11 |
| 29/30 | 100m Backstroke | 12/13, 14/15, 16 + |
| 31 | Girls Junior Skins Final | 12 & under (Juniors) |
| 32 | Boys Junior Skins Final | 12 & under (Juniors) |
| 33 | Girls Senior Skins Final | 13 & over (Seniors) |
| 34 | Boys Senior Skins Final | 13 & over (Seniors) |

**SKINS RULES**

* The term ‘skins’ refers to a series of ‘sudden death’, freestyle finals

* The top six fastest senior male and female swimmers and the top six fastest junior male and female swimmers from the 200m freestyle heats (events 11 & 12) are eligible to participate in the skins event. It is helpful to know in advance if they wish to be considered for this.
* The names of the successful swimmers will be announced as soon as possible after the final heat of the 200m freestyle event (together with reserves). Swimmers must inform the Information Desk immediately if they do not wish to compete so that the places can be offered to the next fastest swimmer.
* The male and female events will each consist of five rounds under the one start rule
* There will be an interval of 3 minutes between each round of the event
* The start of round one shall be as normal i.e. whistle, take your marks, start signal
* The start for the following rounds shall be as follows:-
  + At 10 seconds prior to the start time, one long blast on the whistle, which will be followed 10 seconds later by the ‘start’ signal
  + **NOTE: The command ‘take your marks’ is not given**
* Disqualified swimmers and swimmers that finish last in a round will be automatically eliminated and take no further part in the event
* Should there be an equal last place in a round, no swimmer will be eliminated in that round, but in the following round the number of swimmers to be eliminated will be the same as the number of swimmers involved in the equal last place in the previous round. In the last round, should there be an equal 1st place the two swimmers shall swim again after an interval of 3 minutes
* Swimmers shall be allocated a lane based on heat times with the spearhead principal. They remain in the same lanes for all rounds of the event, unless eliminated, except in the final round when the remaining swimmers will be placed in the middle lanes of the pool
* Races for male and female can be run alternatively, which means that a race will be started every 1½ minutes
* A race may be swum tactically and not necessarily sprinted................the swimmers in the water decide!!
* Skins races are not licenced

**DSC – Club Championships 2022**

## Saturday 14 May 2022, Saturday 11 June 2022

## The Dunstable Centre, Court Drive, Dunstable, LU5 4JD

## Warm up 5.30 pm - Start 6.00pm

# ENTRY FORM

|  |  |  |
| --- | --- | --- |
| Name |  | |
| Squad |  | |
| ASA Number |  | |
| Age at 31.12.22 |  | Boy / Girl |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Event | Time(swimmers should enter their best time from the club PB list, SE rankings, or enter a NRT) | | | | | |
|  | Academy | 9/UN | 10/11 | 12/13 | 14/15 | 16/OV |
| 4 x 50m IM |  | | |  |  |  |
| 4 x 25m IM |  |  |  |  | | |
| 100m Breaststroke |  | | |  |  |  |
| 50m Breaststroke |  |  |  |  | | |
| 25m Breaststroke |  |  | | | | |
| 200m Freestyle |  |  |  |  |  |  |
| 25m Backstroke |  |  | | | | |
|  |  |  | | | | |
| 25m Butterfly |  |  | | | | |
| 50m Butterfly |  |  |  |  | | |
| 100m Butterfly |  | | |  |  |  |
| 25m Freestyle |  |  | | | | |
| 50m Freestyle |  |  |  |  | | |
| 100m Freestyle |  | | |  |  |  |
| 50m Backstroke |  |  |  |  | | |
| 100m Backstroke |  | | |  |  |  |

|  |  |
| --- | --- |
| Total Events entered: |  |
| Cost per event: £5.00 |  |
| Total Paid: | £ |
| Payment should be sent to:Dunstable Swimming ClubSort Code: 40-19-30Account Number: 01057103Reference: CLUBCHAMPSSURNAME | |

## Closing date for all entries: Friday 22 April 2022